



TBS MONTHLY FAMILY AND YOUTH CONFERENCE CALL

SEPTEMBER 26, 2011

3:00 P.M. – 4:00 P.M.

Purpose: This Therapeutic Behavioral Services (TBS) Family and Youth Conference Call is a new effort focused on involving and engaging with family and youth members. The goal for today's call is to discuss TBS toolboxes and reward systems. What tools and rewards work for you and your family?

Conference Call-In Information:

Conference Line: 866-484-5341

Passcode: 521581

STRATEGY TEAM MEMBERS:

Amber Burkan, CAYEN & CCMHA
Kathleen Carter Nishimura, DMH Community Services
Jennifer Gabales, California Alliance
Don Kingdon, CMHDA

Vickie Mendoza, UACF
Cindy Robbins-Roth, Parent/Family Partner
Sean Tracy, DMH Community Services

AGENDA

Welcome!	Kathleen Carter Nishimura	10
Today's Discussion Call Theme – "TBS Toolbox Items and Reward Systems that Work for You & Your Family"	Vickie Mendoza/ Cindy Robbins-Roth	5
How Your Input Makes a Difference <ul style="list-style-type: none"> • Shared Experiences Provide Crucial Information • Continued Improvement of TBS • TBS Coaches Do the Work • Family Partners Share Your Ideas with Other Families • Supervisors Can Encourage Improvements 	Vickie Mendoza/Amber Burkan/ Cindy Robbins-Roth/ Jennifer Gabales	10
Tell Us What Works for You... <ul style="list-style-type: none"> • Rules & Consequences • Positive Reinforcement • Rewards/Tokens/Coupons • Coping, Self-Soothing & Relaxation Skills • Using Humor & Elements of Surprise 	ALL	30
Wrap Up & Talk with You Again on October 24th!	Kathleen Carter Nishimura	5